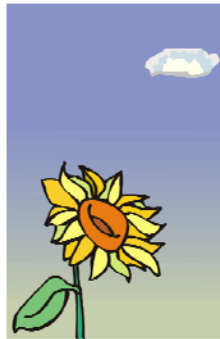




# Asthma Criteria #5

Complete another project, which the UDOH Asthma Program has approved.



**Definition:** Create another project that will improve asthma management in your school. Contact the Asthma Program for approval or ideas.

**Resources:**

UDOH Asthma Program

[www.health.utah.gov/asthma](http://www.health.utah.gov/asthma)  
801-538-6141

American Lung Association of Utah

[www.utahlung.org](http://www.utahlung.org)  
Cherissa Wood  
801-484-4456  
1-800-LUNG-USA  
[CWood@lungutah.org](mailto:CWood@lungutah.org)

Open Airways for Schools Program

[http://www.health.utah.gov/asthma/pdf\\_files/OA\\_brochure.pdf](http://www.health.utah.gov/asthma/pdf_files/OA_brochure.pdf)

# Asthma #5 Ideas

- Host an asthma night for parents and students; bring in a local pediatrician to talk about asthma topics
- Have students research the effects of poor air quality on asthma; promote findings school-wide
- Celebrate World Asthma Day in May; see [www.ginasthma.com](http://www.ginasthma.com)
- Ask students with asthma to present to their class on their disease and how it affects them.
- Develop a plan to utilize the “Guidance for Schools: When to schedule indoor rather than outdoor activities based on the air quality in your communities.” (Note: This is only for areas along the Wasatch front and in Cache Valley.)  
[http://www.health.utah.gov/asthma/schools/aq\\_guidelines.html](http://www.health.utah.gov/asthma/schools/aq_guidelines.html)
- Administer the UDOH Asthma Awareness Survey to faculty and staff
  - The Asthma Program is continually trying to collect information about health trends in schools and staff’s knowledge of asthma management
  - Survey information will help the UDOH Asthma Program improve asthma management in schools
- Implement the Indoor Air Quality (IAQ) Tools for Schools program.  
<http://www.epa.gov/iaq/schools/toolkit.html>
- Participate in the Open Airways for Schools Program
  - Open Airways is an innovative asthma education program to help children learn how to manage their asthma so they spend more time in the classroom and less time in the emergency room
  - [www.utahlung.org](http://www.utahlung.org)
- Find an Asthma School Advocate
  - An Asthma School Advocate can use the Asthma School Advocate Resource Packet to promote asthma awareness and management in schools
  - UDOH Asthma Program 801-538-6141